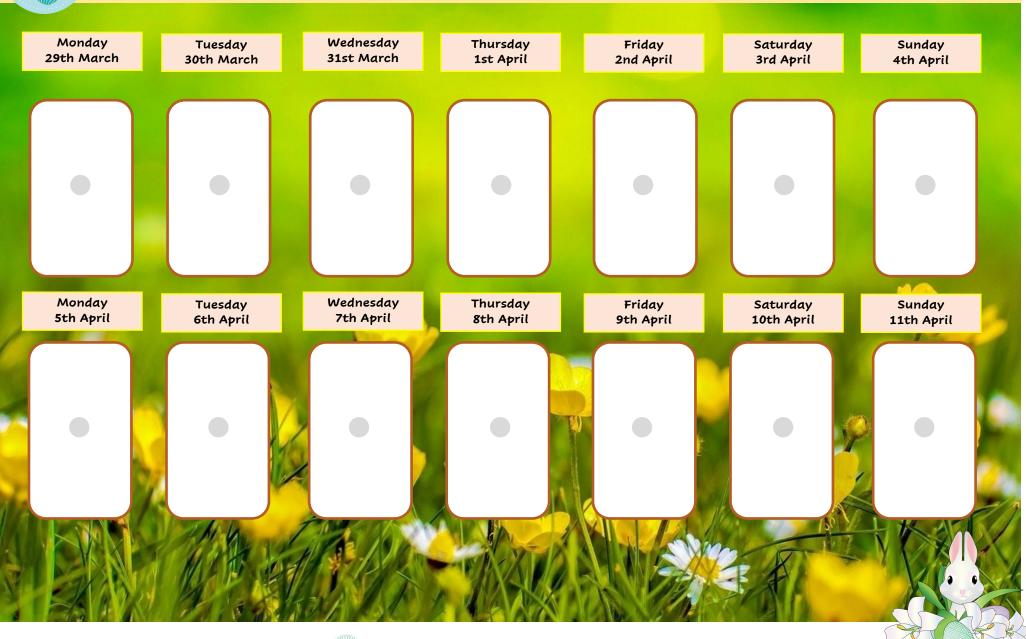






My Easter Break Activity Schedule Choose a fun activity for each day you are off school



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CENTRE FOR AUTISM



My Easter Break Activity Choices







today



Make Easter Make E



Make Easter decorations

Easter egg hunt



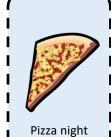
Plant Spring flowers



Go for a drive with my family



Help to mak dinner









Family movie night



to my favourite music



Make popcorn

Trampoline







Going to the beach



Tidying my room



Socially distant meeting with my cousins



Socially distant
meeting with
my friend



Going on a picnic



Bake a cake



Bake buns



Enjoy my favourite drink



Spend time on personal care



Complete a jigsaw puzzle or play a board game





My Easter Break Activity Choices





Go shopping for an Easter egg



Decorate the house with Easter or Spring decorations



favourite costume today



Be kind to someone today



Have my favourite food



Call or face-time a friend or family member



Draw a picture



Spend time in nature



Visit my local park



Play games with my dog



Try some Spring craft



Watch my | | favourite movie |



Write down how I am feeling today



Sit outside in the garden



Get creative



Do some exercise



Eat some of my
Easter egg



Ride my bike



Playdoh activity



Aim for 8 hours I sleep tonight



Eat some fruit today



Treat myself to something nice with my pocket money



Organise my bedroom or quiet space



Do 10 minutes meditation or relaxation



Prepare my schoolbag



Get my uniform
ready for going
back to school





















































