

Word Bank



Transition

Transition is when you start planning for life as an adult and when moving from services for children to services for adults.



Referral

Referral is a form that is filled in. It is the way someone can ask for help themselves. Or you can ask someone else to do this for you.



Assessment of need

Assessment of need is when we meet with you to look at all your needs. We will write down what help you need.



Personal Budget/ Self Directed Support

Personal Budget / Self Directed Support is a payment or budget for your support needs. You can choose what support you want, when you want it and who will support you.

More Information

To make a referral or to find out more, please contact any of the telephone numbers below:

Derry/Limavady/Strabane	028 7186 4362
Enniskillen	028 6634 4000
Omagh	028 8283 3108

Monday, Tuesday, Wednesday, Thursday and Friday
9:00AM - 5:00PM



Western Health
and Social Care Trust

Adult Learning Disability Service Transition Support Service



We are here to support you and your family as you make important choices about your life.

Transition Team



This leaflet tells you about the team and what we do.



We explain hard words at the back of the leaflet.

We will work with you to...



Understand what care and support you need.



Help you choose and achieve your plans for the future and what you would like to do.



Find out what services there are to support you.

Getting Help



You can ask this team for help and support.



When we get a referral, we will contact you, your family or your carers / staff to find out more about your needs.

All about me

An assessment of need will be filled in to help make a plan to support you in the future.



My Plan



We can help you make important choices about:



Day Centre



Day Opportunities



Further Education



Training



Workplace



Personal Budget



Housing