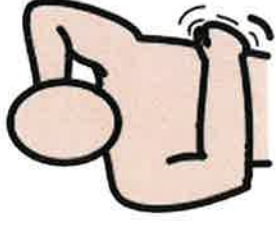
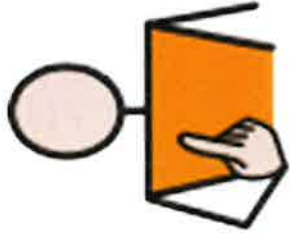
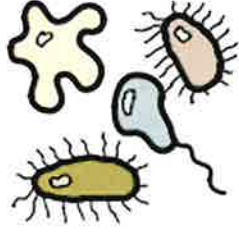
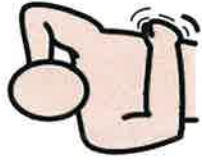


My skin is feeling itchy



I am itchy as tiny invisible bugs



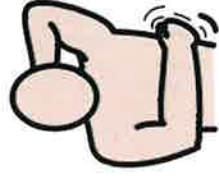
are visiting my skin



I have a special cream to



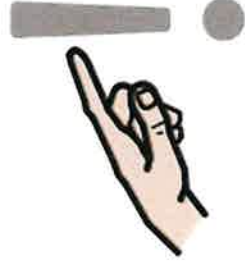
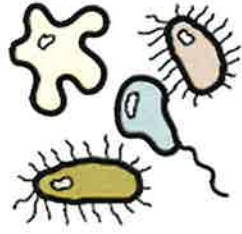
help make the itch stop



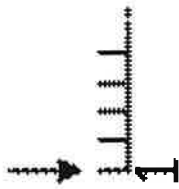
This cream makes the



bugs go away



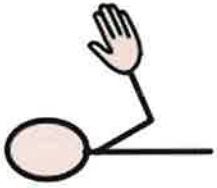
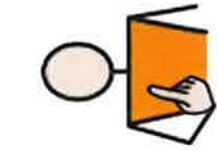
First I will take a bath or shower



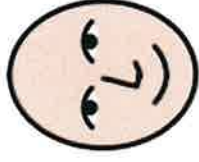
and dry my skin gently



My helper will help put the cream on



my body from my head and face down to



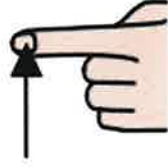
my toes



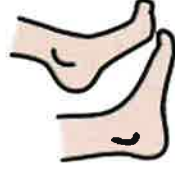
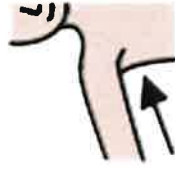
It is important to apply cream also between behind the



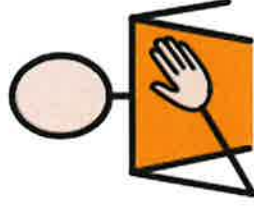
ears, fingers and toes, under fingernails and toenails



the armpits and under the soles of the feet



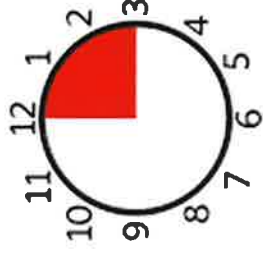
The cream might feel a little cold



or sticky. That is okay.



Leave to dry for 10-15 minutes before



dressing



I will wear my pyjamas, and the cream will



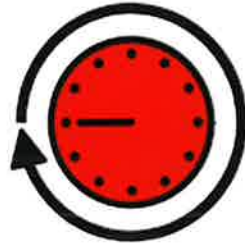
stay on my skin all night long while I sleep



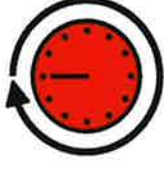
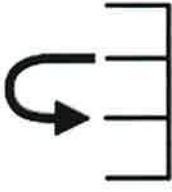
The cream needs to stay on for



8 to 12 hours to work



If I wash my hands before it is time for the



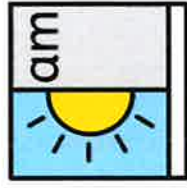
cream to come off, I must put more cream



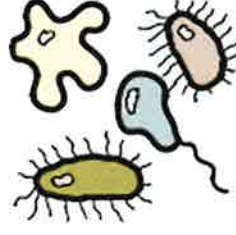
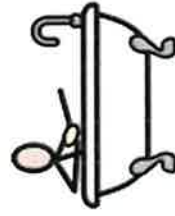
on my hands



In the morning, I will take a warm shower or



bath to wash the cream off. Now the bugs are



gone!



I will put on clean clothes. All my worn



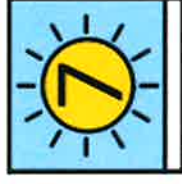
clothes and bedding will be washed in hot



water to keep the bugs away



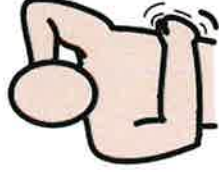
I will do this again in one week to ensure



the bugs stay away



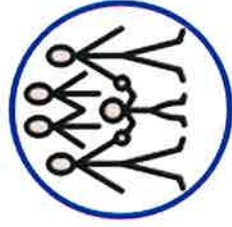
My skin might still feel a little itchy for a little



while but that is okay



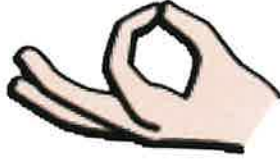
My family will put on



the cream too



This is okay



I will be okay

